



**March 29th, 2025**

**Transportation**

YOU are responsible for arranging your transportation to Lynbrook High School, on time!

**Location & Start**

1280 Johnson Ave, San Jose, CA 95129

9:00am—scheduled meet start. Look at the schedule below to determine when you need to arrive. Ideally, you are at the meet 90 minutes before your first event is scheduled to start.

**Meet Overview**

Let's try to stay off of our feet in between events if you have multiple that you are doing throughout the day. This is a huge energy waster, standing/walking around for hours (trust me, that's what I do all day at track meets and my legs are zapped afterwards!).

**Bring your A-game!**

Weekend invitationals are a little bit different than our league meets - the focus is more on yourself as an individual. These will be opportunities to face better competition than normal and a larger variety of competition - kids you're not going to see at our league meets! Rise to the occasion and capitalize on the opportunity and you may go home with a t-shirt - or even better, a PR!

**Monta Vista's Lynbrook Invite Entries**

**Meet Schedule:**

[https://storage.googleapis.com/anet\\_user\\_files/meet/tf/574170/LYNBROOK\\_INVITE\\_UPD](https://storage.googleapis.com/anet_user_files/meet/tf/574170/LYNBROOK_INVITE_UPD)

[ATED SCHEDULE 2025.pdf](#)

**Meet Program:**

Track:

[https://storage.googleapis.com/anet\\_user\\_files/meet/tf/574170/meet\\_program\\_track\\_FI\\_NAL.pdf](https://storage.googleapis.com/anet_user_files/meet/tf/574170/meet_program_track_FI_NAL.pdf)

Field:

[https://storage.googleapis.com/anet\\_user\\_files/meet/tf/574170/meet\\_program\\_field\\_FI\\_NAL.pdf](https://storage.googleapis.com/anet_user_files/meet/tf/574170/meet_program_field_FI_NAL.pdf)

Name	Event	Scheduled Time of Event
Track Events		
Ryan Liu	VB 3200m	9:45am
Ryan Liu, Tanay Parikh	VB 1600m	11:14am
Riu Yamada	FSB 1600m	11:26am
Jeffrey Choy, Micah Leong	FSB 400m	12:11pm
Katie Lee	VG 100m	12:29pm
Jayden Tang	VB 100m	12:53pm
Aaryan Samanta	FSB 100m	1:18pm
Tanay Parikh	VB 800m	1:50pm
Riu Yamada	FSB 800m	2:00pm
Katie Lee	VG 200m	2:32pm
Jayden Tang	VB 200m	2:57pm

Jeffrey Choy, Aaryan Samanta	FSB 200m	3:22pm
Aaryan S., Riu Y., Kento M., Jeffrey C.	FSB 4x400m Relay	4:37pm
Field Events		
Lelani Laruelle	VG High Jump	9:00am
Clara Fan		
Dylan Hwang		
Jasmine Zhao		
Gillie Ross	VG Shot Put	
Allie Rummelhoff		
Meyra Olcay		
Eddie Fan	FSB Triple Jump	
Ryan Shen	VB Long Jump	
Darren Lin		
Darren Lin	VB Triple Jump	11:00am
Dayo Davies		
Clara Fan	VG Long Jump	
Lelani Laruelle		
Dylan Hwang		

Adam Abdelrahman	FSB Discus Throw	1:00pm
Eddie Fan		
Allie Rummelhoff	VG Triple Jump	
Clara Fan		
Dylan Hwang		
Ryan Shen	VB High Jump	
Gillie Ross	VG Discus Throw	
Allie Rummelhoff		
Meyra Olcay		
Eddie Fan	FSB Long Jump	
Adam Abdelrahman	FSB Shot Put	
Eddie Fan		