

Welcome to the 2019

Rustbuster

Track & Field Invitational

Order of Events

(Rolling schedule we will move as fast as we can)

9am Start: High Hurdles: VG 100m, FSG 100m, VB 110m, FSB 65m
4x800m relay: VG/FSG possibly combined, VB/FSB possibly combined
4x100m relay: VG, VB, FSG, FSB
1600m: VG, VB, FSG, FSB
100m: VG, VB, FSG, FSB
3200m: FSB
400m: VG, VB, FSG, FSB
800m: VG, VB, FSG, FSB
300m Hurdles: VB, FSB, VG, FSG
3200m: VG & FSG combined
4x200m Relay: FSG, FSB, VG, VB
3200m: VB
And in conclusion...**4x400m: FSG, FSB, VG, VB**

All athletes please come build a cheer tunnel!!

Field events: Times are estimates we may move faster if possible.

	8:30 am	10:00am	11:30am	1:00pm
Shot	VB	FSB	VG	FSG
Discus	VG	FSG	VB	FSB
Long Jump	VG	FSG	VB	FSB
Triple Jump	VB	FSB	VG	FSG
High Jump	FSB	VG	FSG	VB

Medals Awarded: Top 3 for relays, top 6 for all individual events.

Live Results: <http://lynbrooksports.prepcaltrack.com/ATHLETICS/TRACK/2019/2019.htm>